



THERAPEUTIC EXPERIENCE

- ✎ Full body, hot stone, relaxation, sports, pregnancy massage and body wraps
- ✎ Motor Vehicle Accident victims
- ✎ WSIB
- ✎ At Home massage

EMPLOYMENT EXPERIENCE

- 2005-present Carson Chiropractic Office** Hamilton ON
Registered Massage Therapist
- 2005-2006 Visible Changes** Burlington ON
Registered Massage Therapist
- 2004-2005 Spa Struck** Beaver Creek CO
Massage Therapist
- 1996-2002 Starbucks Coffee Company** Toronto ON
Manager

VOLUNTEER EXPERIENCE

- 2007-2011 Burlington's Sound of Music Festival** Burlington ON
Fundraising Committee and Director of Fundraising
- 2010 Walls of Hope** Mississauga ON
Massage volunteers & clean up responsibilities

EDUCATION, TRAINING AND CERTIFICATION

- 2011 Deep Tissue Massage** Stoney Creek ON
20 hour course by Zen Den
- 2006 Hot Stone Therapy Certification** Hamilton ON
In home certification course
- 2004 CPR/1st aid** Burlington ON
Annual recertification
- 2002-2004 Canadian Therapeutic College** Burlington ON
Massage Therapy and Hydrotherapy program
- ✎ **123 hours of Clinical Massage (June 2004)**
Massaging the public in a clinical setting under the supervision of a RMT
- ✎ **42 hours of Outreach**
Various events such as running (Terry Fox), Corporate massage setting and walks (MS walk)
- 2002 Preparatory course in health sciences** Burlington ON
Canadian Therapeutic College

NETWORKING, HOBBIES AND INTERESTS

BNI Executive Referrals · Bicycling · running · swimming · snowboarding · hiking · camping · cooking ·